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# Types And Features Of Introverts

## Introduction

Its quite difficult to define this term introvert for me because I am an introvert person however I am not able to categorize any person from this characterize either introvert or extrovert. To be very honest and as far as I knew, most of famous leaders, scientists or any intellectual person is introvert in behaviour. They are generally more focus on internal thoughts, feelings, moods rather than seeking external stimulation. I think there are many very misconceptions about an introvert such as they're anti-social, unfriendly, shy or lonely here I would like to mention that they have a small number of close friends. But in many cases, being an introvert can an assets.it is well said by Napoleon hill "wise men, when in doubt whether to speak or keep quiet, give them benefits of the doubt, an remain them silent"

Phycologist Carl Jung was the first person to describe these two personality extremes back in 1960s it's called Jungian cognitive functions. he wrote that introverts or extraverts could be separated based on how they regain energy. Introverts his basic definition said, prefer minimally stimulating environments and they need time alone to recharge Carl Jung suggests there are four basic ways or functions weather someone introvert or extrovert

1. First and Foremost, sensing, it means that getting information from the senses. A sensing person is good at looking and listening usually getting knows the world. Jung called this is one of the irrational functions.
2. The Second is thinking, Jung called this function is rational it means that it involves decision making or judging, rather than simple intake of information.
3. The third is intuiting. Intuiting is a kind of perception that works outside of the usual conscious processes another meaning I have found that they more focus on big pictures rather than details and on future possibilities rather than immediate realities.
4. The fourth is feeling, like thinking is a matter of evaluating information, this time weighing one's overall, emotional responses. Jung called its rational.

As a leader, first I would observe him or her then I may able to decide something. Secondly, I would try to find that what are the qualities he or she has? here my mean to say that introvert has creative mind and able to think critically. Gradually I would try to interact with him or her therefore I can get more ideas about their behaviour and I can be close to him or her as a leader. After knowing and observing this thing I may able to allocate some work or integrate that person in to group. Introvert feeling is determined principally by the subjective factor and typically employs deductive reasoning. It can not be easy to predict anything about person. However, everything can be solved by either conversation. Sometime introvert people may find comfort to open themselves to interact with people or needs a personal space to grow better. Being a leader, I should judge, behave and reward equally whether someone introvert or extravert, it is totally immaterial to me. Introverts are hidden treasures. "Introverts want to see little things grow big and big things grow little"( Carl Jung, 1925 Seminar, Page 94)

Types of introvert person:

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- ISTJ: Doing what should be done
  - ISFJ: A high sense of duty.
  - INFJ: AN inspiration to others
  - INTJ: Everything has room for improvement.
  - ISTP: Ready to try anything once
  - ISFP: See much shares little
  - INFP: Performing noble service to aid society.
  - INTP: A love of problem solving.

Characteristics of introvert personality:

- Introverts are good listener.
- They are self-sufficient.
- Super focused
- Easy to please and very observant
- Good at studying
- Trustworthy people
- Committed to their goals.
- They are thought provoking when we get them talking.
- They are in touch with their feelings.

## References

1. Personality theories (page 11,12) by Dr C. George Boeree Psychology Department Shippensburg University.
2. Encyclopedia: Introvert, Jungian cognitive functions.