
Issues Of Conflict Experienced By Adolescents With Their Parents

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At last but not least, investigator would like to express gratitude to all the people who have helped directly or indirectly to complete this research. Introduction: Adolescence is a transitional period of developing autonomy for adulthood. During the period of development of autonomy adolescents may come with conflict with their parental norms and advices. Therefore, this study was conducted with purpose of finding out the major issues of conflict experienced by adolescents with their parents.

Methodology

Descriptive research design was conducted. The study population was adolescents period students from selected public schools in Kathmandu. Convenient sampling technique was used to select 123 students from 9,10. Interview method was used to collect data by using semi structured questionnaire, interview schedule including 7 issues of conflict related statements in Likert scale.

Results

Autonomy(52.8%) was major issues of conflict between parents and adolescents followed by disciplinary issues (41.2%) and the family rules/ regulations and obligation (36.5%).

There was a significant association of adolescents' sex with the autonomy issue of conflict (p-value 0.014) with female adolescents facing more conflict with parents (64.2%) in autonomy issues than male adolescents (41.3%). There was an association of adolescents' sex with academic issue as well (p-value 0.0) and conversational issues (p-value 0.0) of conflict. Girl (54.7%) faced more conflict with parents in academic issues than boys (12.7%). Equally, girls (24.5%) faced more conflict with parents in conversational way than that of boys(1.6%)

Regarding household chores issues with parental age , the adolescents having younger father (48.0%) had more conflict than that of older aged father(22.1%). Similarly, with younger aged mother (43.5%) had more conflict than that of aged mother (15.6%). The results also showed that more adolescents faced conflict with their mother (69.8%) than with their father (30.2%).

Conclusion

Adolescents faced conflict in all issues during their adolescence period. However, autonomy was the major issues among all, which is followed by disciplinary issue and rule/regulation and obligation issue. This also showed that female adolescents faced more issue than that of their peer male adolescents. And they faced issue more with their mother rather than father.

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